

Prescription for Change

Lesbian and bisexual women's health check 2008

All Scotland

This report is a supplementary report to the Stonewall report **Prescription for Change: Lesbian and bisexual women's health check 2008**. This report provides further regional statistics for each country, each Strategic Health Authority, or healthboard.

Methodology

In the summer of 2007, 6178 women responded to an online and paper survey on their health needs and experiences.

The survey included questions on lifestyle (alcohol consumption, smoking, exercise, mental health), medical history and experiences of the health sector. The survey also captured qualitative evidence from participants about their experiences. These are included in the main report.

Guidance on using the data

This data is intended to provide NHS planners with information about their local population, in comparison to national and regional data. For nationwide statistics (Great Britain) for comparison, please refer to the main report. When citing data from this supplementary report please cite Prescription for Change: Lesbian and bisexual women's health check 2008.

Survey results analysed by Sigma Research.



Lesbian & Bisexual Women's Health Survey 2007

Scotland Health Board and region of residence data report (June 2008)

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1a. NHS Board of residence

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Greater Glasgow & Clyde	157	30.5	30.5	30.5
	Lothian	149	29.0	29.0	59.5
	Tayside	36	7.0	7.0	66.5
	Lanarkshire	35	6.8	6.8	73.3
	Fife	34	6.6	6.6	80.0
	Grampian	31	6.0	6.0	86.0
	Highland	19	3.7	3.7	89.7
	Forth Valley	18	3.5	3.5	93.2
	Dumfries & Galloway	15	2.9	2.9	96.1
	Ayrshire & Arran	14	2.7	2.7	98.8
	Scotland (Board unknown)	4	.8	.8	99.6
	Borders	2	.4	.4	100.0
	Total	514	100.0	100.0	

1b. NHS Board and region of residence for comparison

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Greater Glasgow & Clyde	157	30.5	30.8	30.8
	Lothian	149	29.0	29.2	60.0
	Central Scotland (Tayside, Forth Valley, Fife)	88	17.1	17.3	77.3
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	66	12.8	12.9	90.2
	North Scotland (Highland & Grampian)	50	9.7	9.8	100.0
	Total	510	99.2	100.0	
Missing	System	4	.8		
Total		514	100.0		

2. Sexual identity

% within NHS Board and regions

		Sexual identity			Total
		Lesbian	Bisexual	Other	
NHS Board and regions	Lothian	73.8%	20.8%	5.4%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	75.8%	21.2%	3.0%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	81.8%	15.9%	2.3%	100.0%
	Greater Glasgow & Clyde	81.5%	15.9%	2.5%	100.0%
	North Scotland (Highland & Grampian)	74.0%	18.0%	8.0%	100.0%
Total		77.8%	18.2%	3.9%	100.0%

3. Current smoker (cigarettes)

% within NHS Board and regions

		Current smoker (cigarettes)		Total
		No	Yes	
NHS Board and regions	Lothian	78.5%	21.5%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	72.7%	27.3%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	76.7%	23.3%	100.0%
	Greater Glasgow & Clyde	73.2%	26.8%	100.0%
	North Scotland (Highland & Grampian)	72.0%	28.0%	100.0%
Total		75.2%	24.8%	100.0%

4. Number of days drank alcohol in the last week

% within NHS Board and regions

		Number of days drank alcohol in the last week								Total
		No alcohol in last 7 days	1 day	2 days	3 days	4 days	5 days	6 days	7 days	
NHS Board and regions	Lothian	27.1%	15.3%	11.8%	20.8%	11.1%	7.6%	2.8%	3.5%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	24.6%	29.2%	21.5%	7.7%	6.2%	4.6%	3.1%	3.1%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	25.3%	25.3%	16.9%	20.5%	4.8%	3.6%		3.6%	100.0%
	Greater Glasgow & Clyde	24.0%	17.8%	22.6%	15.8%	8.2%	6.8%	2.1%	2.7%	100.0%
	North Scotland (Highland & Grampian)	12.8%	14.9%	21.3%	14.9%	8.5%	17.0%	6.4%	4.3%	100.0%
Total		24.1%	19.6%	18.1%	16.9%	8.2%	7.2%	2.5%	3.3%	100.0%

5. Used any of the following drugs in the last year: marijuana, ecstasy, LSD, speed, crystal meth, cocaine, crack, ketamine, GHB, heroin

% within NHS Board and regions

		Used any drugs in the last year		Total
		Not last year	Yes, last year	
NHS Board and regions	Lothian	65.3%	34.7%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	65.1%	34.9%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	64.4%	35.6%	100.0%
	Greater Glasgow & Clyde	51.0%	49.0%	100.0%
	North Scotland (Highland & Grampian)	75.0%	25.0%	100.0%
Total		61.6%	38.4%	100.0%

6. Ever tested for STI / vaginal conditions

% within NHS Board and regions

		Ever tested for STI / vaginal conditions		Total
		No	Yes	
NHS Board and regions	Lothian	59.7%	40.3%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	56.1%	43.9%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	60.2%	39.8%	100.0%
	Greater Glasgow & Clyde	48.1%	51.9%	100.0%
	North Scotland (Highland & Grampian)	60.0%	40.0%	100.0%
Total		55.8%	44.2%	100.0%

7. Gender of sexual partners in last 5 years

% within NHS Board and regions

		Gender of sexual partners in last 5 years				Total
		Women only	Men only	Both women and men	No one	
NHS Board and regions	Lothian	61.7%	2.0%	32.9%	3.4%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	54.5%	3.0%	39.4%	3.0%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	65.9%	1.1%	26.1%	6.8%	100.0%
	Greater Glasgow & Clyde	65.0%	2.5%	28.7%	3.8%	100.0%
	North Scotland (Highland & Grampian)	60.0%	2.0%	34.0%	4.0%	100.0%
Total		62.4%	2.2%	31.4%	4.1%	100.0%

8. Experience of cervical screening (age 25-64, NOT Trans)

% within NHS Board and regions

		Experience of cervical screening				Total
		Never had cervical smear	I have had a smear test in the last 3 years	I have had a smear test in the past 3-5 years	I had a smear test more than 5 years ago	
NHS Board and regions	Lothian	16.3%	63.5%	11.5%	8.7%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	14.3%	71.4%	5.7%	8.6%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	25.5%	57.4%	10.6%	6.4%	100.0%
	Greater Glasgow & Clyde	15.5%	65.5%	11.8%	7.3%	100.0%
	North Scotland (Highland & Grampian)	14.8%	63.0%	11.1%	11.1%	100.0%
Total		17.0%	64.1%	10.8%	8.0%	100.0%

9. Frequency of self-checking breasts

% within NHS Board and regions

		Frequency of self-checking breasts			Total
		No, I don't currently self-check	Yes, sometimes (every few months)	Yes, regularly (every month)	
NHS Board and regions	Lothian	18.4%	47.6%	34.0%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	18.5%	47.7%	33.8%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	18.4%	54.0%	27.6%	100.0%
	Greater Glasgow & Clyde	14.7%	59.0%	26.3%	100.0%
	North Scotland (Highland & Grampian)	12.0%	50.0%	38.0%	100.0%
Total		16.6%	52.5%	30.9%	100.0%

10. In the last year, made any attempt to take your life

% within NHS Board and regions

		In the last year, made any attempt to take your life		Total
		No	Yes	
NHS Board and regions	Lothian	96.6%	3.4%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	92.2%	7.8%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	98.9%	1.1%	100.0%
	Greater Glasgow & Clyde	94.8%	5.2%	100.0%
	North Scotland (Highland & Grampian)	89.8%	10.2%	100.0%
	Total	95.2%	4.8%	100.0%

11. In the last year, deliberate self-harm (with no the intention of killing yourself)

% within NHS Board and regions

		In the last year, deliberate self-harm (with no the intention of killing yourself)		Total
		No	Yes	
NHS Board and regions	Lothian	82.4%	17.6%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	60.9%	39.1%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	80.5%	19.5%	100.0%
	Greater Glasgow & Clyde	85.4%	14.6%	100.0%
	North Scotland (Highland & Grampian)	73.5%	26.5%	100.0%
	Total	79.4%	20.6%	100.0%

12. Ever been told you have eating problem

% within NHS Board and regions

		Ever been told you have eating problem		Total
		No	Yes	
NHS Board and regions	Lothian	77.4%	22.6%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	69.7%	30.3%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	75.0%	25.0%	100.0%
	Greater Glasgow & Clyde	80.3%	19.7%	100.0%
	North Scotland (Highland & Grampian)	78.0%	22.0%	100.0%
Total		76.9%	23.1%	100.0%

13. Ever experienced domestic violence

% within NHS Board and regions

		Ever experienced domestic violence				Total
		No never	Yes, from a male	Yes, from a female	Yes (gender unknown)	
NHS Board and regions	Lothian	77.0%	10.1%	12.2%	.7%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	61.5%	16.9%	21.5%		100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	79.5%	8.0%	12.5%		100.0%
	Greater Glasgow & Clyde	78.3%	5.7%	15.3%	.6%	100.0%
	North Scotland (Highland & Grampian)	78.0%	6.0%	14.0%	2.0%	100.0%
Total		76.0%	8.9%	14.6%	.6%	100.0%

14. Self-rating of health

% within NHS Board and regions

		Self-rating of health				Total
		Excellent	Good	Fair	Poor	
NHS Board and regions	Lothian	26.2%	59.1%	13.4%	1.3%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	16.7%	60.6%	21.2%	1.5%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	15.9%	55.7%	27.3%	1.1%	100.0%
	Greater Glasgow & Clyde	22.9%	60.5%	13.4%	3.2%	100.0%
	North Scotland (Highland & Grampian)	24.0%	60.0%	16.0%		100.0%
Total		22.0%	59.2%	17.1%	1.8%	100.0%

15. BMI categories

% within NHS Board and regions

		BMI categories					Total
		Underweight (<18.5)	Normal (18.5 - 24.99)	Overweight (25 - 29.99)	Obese (30+)	Very Obese (40+)	
NHS Board and regions	Lothian	2.9%	47.9%	25.0%	21.4%	2.9%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	3.2%	35.5%	29.0%	27.4%	4.8%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	6.0%	44.6%	24.1%	21.7%	3.6%	100.0%
	Greater Glasgow & Clyde	3.9%	51.3%	24.7%	16.2%	3.9%	100.0%
	North Scotland (Highland & Grampian)	2.1%	58.3%	18.8%	20.8%		100.0%
Total		3.7%	47.8%	24.6%	20.5%	3.3%	100.0%

16. Sexuality disclosure to GP or health care professionals

% within NHS Board and regions

		Sexuality disclosure to GP or health care professionals					Total
		All or almost all	More than half	About half	Less than half	Few or none	
NHS Board and regions	Lothian	34.7%	11.1%	6.3%	8.3%	39.6%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	24.6%	3.1%	4.6%	18.5%	49.2%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	21.8%	4.6%	5.7%	4.6%	63.2%	100.0%
	Greater Glasgow & Clyde	44.8%	4.5%	9.1%	5.2%	36.4%	100.0%
	North Scotland (Highland & Grampian)	28.6%	8.2%		6.1%	57.1%	100.0%
	Total	33.7%	6.6%	6.2%	7.8%	45.7%	100.0%

17. Any NEGATIVE experiences of health care in the last year

% within NHS Board and regions

		Any NEGATIVE experiences of health care in the last year		Total
		No none	Yes	
NHS Board and regions	Lothian	48.5%	51.5%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	40.7%	59.3%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	44.3%	55.7%	100.0%
	Greater Glasgow & Clyde	47.7%	52.3%	100.0%
	North Scotland (Highland & Grampian)	42.9%	57.1%	100.0%
	Total	46.0%	54.0%	100.0%

18. Health care worker assumed heterosexuality

% within NHS Board and regions

		Health care worker assumed heterosexuality		Total
		No	Yes	
NHS Board and regions	Lothian	60.6%	39.4%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	57.6%	42.4%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	54.4%	45.6%	100.0%
	Greater Glasgow & Clyde	60.6%	39.4%	100.0%
	North Scotland (Highland & Grampian)	61.2%	38.8%	100.0%
	Total	59.3%	40.7%	100.0%

19. No opportunity to discuss sexual orientation in health-care setting

% within NHS Board and regions

		No opportunity to discuss sexual orientation in health-care setting		Total
		No	Yes	
NHS Board and regions	Lothian	80.3%	19.7%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	72.9%	27.1%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	73.4%	26.6%	100.0%
	Greater Glasgow & Clyde	81.9%	18.1%	100.0%
	North Scotland (Highland & Grampian)	71.4%	28.6%	100.0%
	Total	77.8%	22.2%	100.0%

20. Not sure of GP surgery's policy on confidentiality

% within NHS Board and regions

		Not sure of GP surgery's policy on confidentiality		Total
		No	Yes	
NHS Board and regions	Lothian	88.6%	11.4%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	88.1%	11.9%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	83.5%	16.5%	100.0%
	Greater Glasgow & Clyde	87.1%	12.9%	100.0%
	North Scotland (Highland & Grampian)	87.8%	12.2%	100.0%
	Total	87.1%	12.9%	100.0%

21. Came out and health care worker still assumed heterosexuality

% within NHS Board and regions

		Came out and health care worker still assumed heterosexuality		Total
		No	Yes	
NHS Board and regions	Lothian	90.2%	9.8%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	94.9%	5.1%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	94.9%	5.1%	100.0%
	Greater Glasgow & Clyde	85.8%	14.2%	100.0%
	North Scotland (Highland & Grampian)	89.8%	10.2%	100.0%
	Total	90.1%	9.9%	100.0%

22. Came out and health-care worker asked inappropriate questions

% within NHS Board and regions

		Came out and health-care worker asked inappropriate questions		Total
		No	Yes	
NHS Board and regions	Lothian	96.2%	3.8%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	96.6%	3.4%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	98.7%	1.3%	100.0%
	Greater Glasgow & Clyde	91.6%	8.4%	100.0%
	North Scotland (Highland & Grampian)	91.8%	8.2%	100.0%
Total		94.7%	5.3%	100.0%

23. Any POSITIVE experiences of health care in the last year

% within NHS Board and regions

		Any POSITIVE experiences of health care in the last year		Total
		None of these	Yes	
NHS Board and regions	Lothian	39.6%	60.4%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	40.0%	60.0%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	52.3%	47.7%	100.0%
	Greater Glasgow & Clyde	38.7%	61.3%	100.0%
	North Scotland (Highland & Grampian)	46.0%	54.0%	100.0%
Total		42.2%	57.8%	100.0%

24. Health care worker did not make inappropriate comments after disclosure

% within NHS Board and regions

		Health care worker did not make inappropriate comments after disclosure		Total
		No	Yes	
NHS Board and regions	Lothian	66.0%	34.0%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	72.3%	27.7%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	69.8%	30.2%	100.0%
	Greater Glasgow & Clyde	65.8%	34.2%	100.0%
	North Scotland (Highland & Grampian)	76.0%	24.0%	100.0%
	Total	68.4%	31.6%	100.0%

25. Acknowledgement of sexuality by health worker after disclosure

% within NHS Board and regions

		Acknowledgement of sexuality by health worker after disclosure		Total
		No	Yes	
NHS Board and regions	Lothian	67.4%	32.6%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	72.3%	27.7%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	77.9%	22.1%	100.0%
	Greater Glasgow & Clyde	63.9%	36.1%	100.0%
	North Scotland (Highland & Grampian)	68.0%	32.0%	100.0%
	Total	68.8%	31.2%	100.0%

26. Health care worker provided an opportunity to come out

% within NHS Board and regions

		Health care worker provided an opportunity to come out		Total
		No	Yes	
NHS Board and regions	Lothian	88.9%	11.1%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	92.3%	7.7%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	93.0%	7.0%	100.0%
	Greater Glasgow & Clyde	89.7%	10.3%	100.0%
	North Scotland (Highland & Grampian)	96.0%	4.0%	100.0%
Total		91.0%	9.0%	100.0%

27. Health care worker welcomed partner at consultation

% within NHS Board and regions

		Health care worker welcomed partner at consultation		Total
		No	Yes	
NHS Board and regions	Lothian	88.9%	11.1%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	87.7%	12.3%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	89.5%	10.5%	100.0%
	Greater Glasgow & Clyde	89.0%	11.0%	100.0%
	North Scotland (Highland & Grampian)	86.0%	14.0%	100.0%
Total		88.6%	11.4%	100.0%

28. Health care worker gave advice accounting for my sexuality

% within NHS Board and regions

		Health care worker gave advice accounting for my sexuality		Total
		No	Yes	
NHS Board and regions	Lothian	84.7%	15.3%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	86.2%	13.8%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	90.7%	9.3%	100.0%
	Greater Glasgow & Clyde	88.4%	11.6%	100.0%
	North Scotland (Highland & Grampian)	88.0%	12.0%	100.0%
Total		87.4%	12.6%	100.0%

29. GP surgery had clear policy on confidentiality

% within NHS Board and regions

		GP surgery had clear policy on confidentiality		Total
		No	Yes	
NHS Board and regions	Lothian	72.9%	27.1%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	69.2%	30.8%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	70.9%	29.1%	100.0%
	Greater Glasgow & Clyde	71.6%	28.4%	100.0%
	North Scotland (Highland & Grampian)	76.0%	24.0%	100.0%
Total		72.0%	28.0%	100.0%

30. GP surgery displayed non-discriminatory policy including sexual orientation

% within NHS Board and regions

		GP surgery displayed non-discriminatory policy including sexual orientation		Total
		No	Yes	
NHS Board and regions	Lothian	86.1%	13.9%	100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	87.7%	12.3%	100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	88.4%	11.6%	100.0%
	Greater Glasgow & Clyde	92.3%	7.7%	100.0%
	North Scotland (Highland & Grampian)	100.0%		100.0%
Total		90.0%	10.0%	100.0%

31. Attended specialist health service for lesbian or bisexual women

% within NHS Board and regions

		Attended specialist health service for lesbian or bisexual women		Total
		No	Yes	
NHS Board and regions	Lothian	100.0%		100.0%
	South Scotland (Ayrshire & Arran, Borders, Dumfries & Galloway, Lanarkshire)	100.0%		100.0%
	Central Scotland (Tayside, Forth Valley, Fife)	100.0%		100.0%
	Greater Glasgow & Clyde	96.8%	3.2%	100.0%
	North Scotland (Highland & Grampian)	100.0%		100.0%
Total		99.0%	1.0%	100.0%

The Study:

In 2007, Stonewall and De Montfort University asked lesbian and bisexual women from Great Britain to complete a survey about their health.

The survey received 6178 responses making it the biggest survey of lesbian and bisexual women's health needs in Europe.

Eighty one per cent of respondents said that they were lesbian, and sixteen per cent said they were bisexual. Eighty five per cent of respondents live in England, nine per cent in Scotland, and five per cent in Wales. Eighty two per cent of respondents are white British, and the rest are from ethnic minorities, which is comparable with the general population. Respondents come from a wide age-range. The youngest respondent was fourteen and the oldest was 84. Fourteen per cent of respondents say that they have a disability, including physical and mental disabilities.